



A New Paradigm Model in Addiction Recovery: B.E.E.P.S

By

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Description of Presentation

Attachments to **BEEPS** serve to self-medicate distressing feelings, regulate emotions, increase pleasure, or decrease pain. Training within the **BEEPS** paradigm will equip participants to gain knowledge and insight in becoming more effective in helping clients overcome both primary and auxiliary addiction patterns. Auxiliary addictions usually reside in the limbic system of the brain, rather than the cerebral cortex, which means it is outside the conscious awareness.

For that reason, it can remain hidden for a lifetime and can make it virtually impossible to achieve sustainable recovery. The workshop will provide an added bonus of helping the participants recognize their own hidden **BEEPS**, that could compromise both their personal and professional lives.

Bio

Roger A. Ruth LPC; LADC is the Recovery Specialist Coordinator for John 3:16 Missions in Tulsa OK. He has 25 plus years' experience in a variety of clinical settings. His past employment in Tulsa OK., includes Men's Program Coordinator for D.V.I.S., Director of the Homeless Clinic for Morton Health Clinic, Director of Counseling for Hope Harbor Children's Home, Director of Counseling for Youth Services of Tulsa, and Director of Counseling for Freedom Ranch, all located in Tulsa Ok. While employed at Freedom Ranch he supervised and trained 20 Substance Abuse Counselors state wide. He has a private practice in Tulsa, Ok, New Life Beginnings and is a graduate of the University of Kansas School of Social Work and is an Ordained Minister.

