



**Jim Meehan, MD**

Keynote Presentation

**Opioid Induced Gliopathy**

To educate the audience of the adverse side effect, opioid gliopathy, when using opioids to treat patients

**Bio**

My undergraduate studies were at the United States Military Academy at West Point and Tulsa University. I graduated with a Bachelor of Science degree in Biology from Tulsa University. I graduated from medical school with honors at Oklahoma University (OU) College of Medicine. I was president of my sophomore class. As a medical student, I conducted clinical research and was awarded the Presbyterian-Harris scholarship for clinical research. After medical school, I performed a one-year internship in Internal Medicine at OU in Tulsa. I then completed ophthalmology residency training at the top 10 ranked training programs at Washington University, St. Louis//Barnes-Jewish Hospital.

During my residency training, I was the associate editor of the Journal of Ocular Immunology & Inflammation. Ocular immunology was a major focus of my early career. In the last decade, I have performed extensive training in preventive medicine, fellowship training in functional and integrative medicine, nutrition, interventional endocrinology, pain, and addiction medicine. My medical and business careers are now focused on developing innovative business models that provide an alternative to the broken, expensive, inefficient, and uncaring "sick-care" system that U.S. healthcare has become. My focus is empowering patients with direct-to-consumer tools for measuring and tracking health at home, recognizing patterns in health, and knowing what to do next to improve. I believe people should become scientists of their own health, that they need to reclaim control of their health and their care from the pharmaceutical industry, doctors, and hospitals that have utterly failed to improve anything but their financial bottom lines. My clinical practice is focused on the application of my Mindset Health Solutions system to specific patient populations. I use my MINDSET framework for health to help patients overcome addiction, pain, diabetes, obesity, depression, and diseases of all types. When we focus on treating the causes of disease, rather than simply treating the symptoms, amazing health can result. I focus on helping people build a life full of amazing health.