



**Presents a
Lydia Norie Workshop**

Ethics, Values, and Spirituality

June 23, 2017

By

Joe Westerheide, Ph.D., LPC, LADC

Program Description

Participants will increase their understanding of the interplay between professional ethics, their personal values and their personal growth. The eastern concept of dharma will be presented along with a specific contemplation exercise.

Learning objectives:

- To increase the participants understanding of the relationship between ethics, their personal values, and their growth as a person and a professional within the developmental model.
- To learn how to draw the distinction between professional ethics, personal values, and their own spiritual path.
- To learn a specific method of contemplation that they can use to help clarify where they stand in relation to complex ethical issues.

Location: 9301 S I-35 Service Road Moore, Oklahoma 73160

Time: 1:00pm – 4:15pm

CEU's- LADC, CADC, LPC, LMFT, LCSW, and CPS

Read more below

Presenters Bio:

Dr. Westerheide For over forty years, Joe has been a counselor and psychotherapist in many different settings dealing Mental Health and Chemical Dependency problems. He is a Licensed Professional Counselor, a Licensed Alcohol and Drug Counselor. In November of 1997, Joe joined the staff of A Chance to Change Foundation (ACTC) as the Director of Continuing Recovery and Mental Health Services he retired in 2010. Joe has utilized and provided training for professionals in several different therapeutic approaches. In addition, he has researched, consulted, and published in the areas program evaluation, and the outcomes of counseling. In 1995, Joe received the Humanitarian Services Award from the EMDR Network for his role in the Oklahoma City EMDR Disaster Relief project. Joe also worked with firefighters and their families after the attack on the New York Trade Center. In 2003, Joe was named Counselor of the Year by the Oklahoma Counseling Association.