



Neurobiology of Cross Addiction

By

Avery Rowles, LPC, CSAT-C

Description of Presentation

Understand the ASAM definition of addiction and examine how one addiction can be traded for another through case studies and best practices for treatment.

Bio

E. Avery Rowles, LPC, CSAT-C is currently the Director of Outpatient Services for Santé Center for Healing. She leads a dynamic, multi-disciplinary team that works hand-in-hand with chemical dependency, process addictions and co-occurring mental disorders. After spending the majority of her career in addiction treatment, both as a direct care provider and building teams in her role as director, she understands that treatment lies in utilizing the most up-to-date research and best practices to combat this deadly disease.

Avery specializes in sex and love issues in women as they relate to chemical dependency. Under the direct supervision of Rob Weiss, LCSW, CSAT-S she aided in implementing his curriculum in a managed care setting allowing access to a level of treatment previously cost-prohibitive for some women. The curriculum was a trauma-informed approach specifically focused on the intersection of women's substance abuse and intimacy issues.

Her training includes Certified Sex Addiction Therapist- Candidate, intensive 2-year training in DBT through the Linehan Institute, Certified Daring Way Provider through Brene Brown and EMDR. Avery has been featured in Dallas Child Magazine, A&E Intervention and Family Matters magazine. Avery holds a BA in Literature, BA in Psychology, graduating both with high honors, and a MA in Counseling Psychology.

